



Norwalk Jr. High District Tournament

February 2, 2025

This is an OAC Junior High State Qualifying Tournament

Top 6 in each weight class qualify for State

Location: Norwalk High School, 350 Shady Lane, Norwalk, Ohio 44857

All registration conducted online at register.ohioathletics.com. No walk-in Registrations.

Registration Closes at 9:00 pm on Friday January 31, 2025, or when capacity is met.

Notes

Once qualifying to State, you may not enter another District. District will be Scratch i.e., 120lb. The State Tournament will be +2 lbs. i.e., 122lbs. There are no weigh-outs at the District. There will be weigh-outs at the State Tournament on Sunday.

Weigh-In Date & Times

Night before: 7:00 PM-8:00 PM (All wrestlers may weigh in)

Day of: Session #1: 7:15 AM -8:00 AM (All wrestlers that have not yet weighed in, may weigh in)

Day of, 2nd Session Weigh In time will be emailed & posted the day before tournament. (All wrestlers that have not yet weighed in, may weigh in)

Wrestling Start Time

Weights 74-120: 9:00 AM

Weights 126-249: 2nd Session Start time will be emailed & posted the day before tournament.

Rules

District Weigh ins are scratch weight (no allowance). All wrestlers must weigh-in wearing a singlet or short sleeve compression shirt & competition performance shorts. They may NOT remove any of the above-mentioned clothing to make weight. No weight allowance is given for the clothing. Wrestlers may not lose weight on site and cannot move up or down a weight class from their registered weight class. Wrestlers must wear head gear to compete.

Full Rules: Weight Classes & more info at <https://www.ohioathletics.com/juniorhigh/>

Entry Fee: \$45 (\$10 Late Fee if registering less than 1 week prior to the tournament)

Admission: \$8 (ages 5 and under Free)

Coaching Bands: \$10 All Coaches must have a wrist band and must be purchased at the tournament. Only 2 coaches per wrestler at the mat.

Match Rules

(3) 1.5-minute periods Championship rounds / (3) 1-minute periods Consolation rounds

15-point Tech Fall **All wrestlers are required to upload a headshot picture ID to their account, print it and bring with them (or show from phone) to the weigh in process for this and all OAC District and State events.**

The tournament will be on trackwrestling.com. To find bout board and brackets search "Norwalk"

Questions Contact: info@ohioathletics.com